



# HILLCREST ELEMENTARY

## School District No. 83

To ensure the safety of our all members of our learning community, parents are required to complete the following Health Check with their child each day before coming to school.

### Daily Health Check

1. Key Symptoms of Illness	Do you have any of the following symptoms?
	Fever Chills Cough or worsening chronic cough Shortness of breath Loss of sense of smell or taste Diarrhea Nausea and vomiting
2. International Travel	Have you returned from travel outside Canada in the last 14 days?
2. Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?

If you answered “YES” to any of the above symptoms, and they are not related to a pre-existing condition (e.g. allergies), **YOUR CHILD SHOULD NOT ATTEND SCHOOL.**

If only one symptom (excluding fever) is present: your child should stay home and be monitored for 24 hours from when the symptom started. If the symptom continues past that window or worsens, seek a health assessment. If the symptom improves, your child may return to school when they feel well enough.

If your child has a fever, or if two or more key symptoms are present: **SEEK A HEALTH ASSESSMENT.** A health assessment can include calling 811 or a primary care provider like a physician or nurse practitioner – the assessment will determine whether a COVID-19 test is recommended.

If you answered “YES” to questions 2 or 3, use the [COVID-19 Self-Assessment Tool](#) or call 811 to determine if you should seek testing for COVID19.

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By signing below, you agree to complete this Health Check daily with your child before sending them to school.

CHILD’S NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

PARENT’S NAME: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_